GOVERNMENT OF INDIA
HEALTH AND FAMILY WELFARE
LOK SABHA

UNSTARRED QUESTION NO:2672
ANSWERED ON:05.12.2007
DEEP VEIN THROMBOSIS DISEASE
Lagadapati Shri Rajagopal

Will the Minister of HEALTH AND FAMILY WELFARE be pleased to state:

(a) whether the Leiden University Medical Centre, Netherlands has conducted a study, according to which regular air travelers are more likely to develop deep vein Thrombosis, a formation of blood clot in vein;

(b) if so, the details thereof; and

(c) the steps taken by the Government in this regard?

Answer

THE MINISTER OF STATE IN THE MINISTRY OF HEALTH & FAMILY WELFARE (SMT.PANABAKA LAKSHMI)

(a) to (c): According to the Directorate General of Civil Aviation, in order to avoid Deep Vein Thrombosis, that directorate has directed airlines operating long flights to introduce announcements on the subject of medical advice and light exercises etc. which includes legs with up and down movements of feet and stretching legs while seated. Passengers are advised to avoid wearing tight clothes/socks/shoes/belts etc., keep hydration of body by consuming enough fluids. Expectant mothers are recommended not to undertake travel in the last month of pregnancy or within seven days after the delivery.